



TUESDAY: dog training
3/31/2020

PREPARE:

VERA: Place Vera in the bedroom with the door closed for the start of today's training session. Give her a food stuffed KONG.
<https://www.kongcompany.com/lets-play/recipes>

KURT - Showing Up Warm Up: 2 minutes
<https://youtu.be/z3HOG-GstHM>

PRACTICE:

KURT - Lured Down: 4 minutes
video example

VERA/KURT - Let Vera out of the bedroom but do not allow her to take her KONG with her. Place Kurt in the bedroom with the door closed for the remainder of today's training session. Give him the food stuffed KONG.

VERA - Door Manners Exercise: 2 minutes
<https://youtu.be/Yq5JayjUui8>

PLAY:

VERA - Chase It: 1 minute
video example

PUSH:

VERA - Sit assessment: how many reps can you get within the time limit?: 1 minute
Ask Vera to sit, click when she sits and toss the treat over her head so she has to get up to get it. When she returns, cue sit again. How many reps did you get?

PONDER:

How did today's session go? What went well? What didn't go as planned? Go to the WhatsApp chat and add any important notes regarding today's training session.